

10th Regional Congress of Iranian Orthopedic Association
South and Central Branches
April 23-25 2025, Shiraz-Iran

Wednesday

Chairmen: Dr Emamian, Dr Zanjani, Dr Pourabbas

	<i>Trauma</i>
8.00-8:20	Opening ceremony
8:20-8:35	Pitfalls and limits of locking plates <i>Dr Tahami (Shiraz)</i>
8:35-8:50	Challenges in Subtrochanteric femur fracture management <i>Dr Bagheri (Mashad)</i>
8:50-9:05	Exchange nailing versus compression plating in the treatment of femoral shaft nonunion after intramedullary nailing <i>Dr Ahmadifar (Shiraz)</i>
9:05-9:10	Questions & Answers
9:10-9:25	Intra-operative fluoroscopic radiation exposure in orthopedic trauma theatre <i>Dr. Sharifi (Tabriz)</i>
9:25-9:40	Post-op thromboprophylaxis in orthopedic surgery: an update <i>Dr Mohammadi (Ahvaz)</i>
9:40-9:45	Questions and Answers
9:45-10:15	Panel: <u>Supracondylar femoral fracture</u> <i>Dr Hashemi(Shiraz)</i> Members: Dr Fakoor (Ahvaz), Dr Sharifi (Tabriz), Dr Jafari Zare (Ardebil), Dr Tahami (Shiraz), Dr Solouki (Shiraz)

10:15-10:45

Break

Wednesday

**Chairmen: Dr Fakoor, Dr Dianat,
Dr Hobbi**

**Chairmen: Dr Tavakoli, Dr Javdan,
Dr Ahmadifar**

	<i>Hand</i>	<i>Foot and Ankle</i>
10:45-11:00	Hand surgery complications (rate, practice essentials and Mismanagement) Dr Mozafarian (Shiraz)	Complications in operative fixation of calcaneal fracture Dr Vosoughi (Shiraz)
11:00-11:15	Flexor tendon repair: Avoidance and management of unfavorable results Dr Zarezadeh (Esfahan)	Complications and functional outcome following operative treatment of talar fractures Dr Rastegar (Esfahan)
11:15-11:30	Pitfalls and complications of surgery for nerve compression syndromes Dr Saeed (Kerman)	Surgical outcome in chronic syndesmotic injury Dr Shariati (Ahvaz)
11:30-11:45	Finger stiffness following injuries other than tendon injuries: A great headache of orthopedic surgeons Dr. Dehghan-Marvast (Esfahan)	Complications of ankle fracture in patients with diabetes Dr Babaee (Shiraz)
11:45-11:50	Questions and Answers	Questions and Answers
11:50-12:05	Getting better results in fingernail and tip finger injuries Dr Namazi (Shiraz)	Complications after treatment of tibial pilon fractures Dr Mohammad-Hoseini (Ahvaz)
12:05-12:20	Mismanagements in lunate fracture and Kienbock disease Dr Barkam (Kerman)	Persistent pain after ankle sprain Dr Jalili (Ahvaz)
12:20-12:35	Management of complications of distal radius and forearm fractures Dr Abdoli (Yazd)	Complications of Hallux Valgus surgery Dr Ebrahimpour (Tehran)
12:35-12:40	Questions and Answers	Questions and Answers
12:40 -13:15	Panel: <u>Complex traumatic injuries of elbow</u> Dr. Ziaei (Kerman) Members: Dr. Kowsari (Shiraz), Dr Rahbari (Shiraz), Dr Liaghat (Shiraz), Dr Dehghan-Marvast (Esfahan), Dr Hobbi (Shiraz)	Panel: <u>Lisfranc dislocation</u> Dr Vosoughi (Shiraz) Members: Dr Shahsavari (Kerman), Dr Jalili (Ahvaz), Dr Rastegar (Esfahan), Dr Mohammad-Hoseini (Ahvaz), Dr.Mousavi (Ahvaz)

13:15-14:15 Lunch + Workshop (TKA)

Wednesday

Chairmen: Dr Akkasheh, Dr Tahami, Dr Hashemi

	<i>Hip</i>
14:15-14:30	When femoral neck fracture fixation fails? Dr Parhamfar (Esfahan)
14:30-14:45	Lateral wall thickness as a predictor of outcome in intertrochanteric fractures Dr Hashemi (Shiraz)
14:45-15:00	How to manage implant failure after intertrochanteric fracture surgery Dr Fakoor (Ahvaz)
15:00-15:05	Questions and Answers
15:05-15:20	Leaky wound after hip arthroplasty. What to look for? Dr Ghasemi (Shiraz)
15:20-15:35	Delayed total hip arthroplasty after failed treatment of acetabular fractures Dr Sarikhani (Shiraz)
15:35-15:50	Long-term outcome of conservatively managed displaced acetabular fractures Dr Khodarahmi (Yazd)
15:50-16:05	Rehabilitation complications following hip and knee surgery Dr Jobbeh-dari (Shiraz)
16:05-16:15	Questions and Answers
16:15-17:00	<i>Panel: Failed total hip replacement</i> Dr Shahcheraghi (Shiraz), Dr Motiffard (Esfahan) Members: Dr Ghasemi (Shiraz), Dr Khodarahmi (Yazd), Dr Sarikhani (Shiraz), Dr Emami (Shiraz), Dr Jafari Zare (Ardebil), Dr Shahsavari (Kerman)

17:00-18:00 Workshop (Elbow / Shoulder)

Thursday

Chairmen: Dr Marashinezhad, Dr Javid, Dr Karimi-Mobarakeh

	<i>Pediatric</i>
8:00-8:15	Complications associated with septic arthritis of hip Dr Nemati (Esfahan)
8:15-8:30	Managing complications of lower limb cerebral palsy surgery Dr Ilka (Kerman)
8:30-8:45	Complication of management of infantile and adolescent Blount disease Dr Tahririan (Esfahan)
8:45-8:50	Questions and Answers
8:50-9:05	Complications after femoral neck fracture fixation Dr Seifi (Ahvaz)
9:05-9:20	Complications of epiphysiodesis and hemiepiphysiodesis Dr Abtahian (Shiraz)
9:20-9:35	Managing problems in pseudoarthrosis of tibia Dr Bagherpour (Yazd)
9:35-9:40	Questions and Answers
9:40-10:15	<p><i>Panel: <u>Complex pediatric orthopedic cases</u></i></p> <p>Dr Shahcheraghi (Shiraz)</p> <p>Case presentations: Dr Javid (Shiraz), Dr Arti (Ahvaz)</p> <p>Members: Dr Marashinezhad (Ahvaz), Dr Pouramiri (Kerman), Dr Javid (Shiraz), Dr Ilka (Kerman), Dr Mehdi-Nasab (Ahvaz)</p>

10:15-10:45

Break

Thursday

**Chairmen: Dr Pouramiri, Dr Panahi,
Dr Jaber**

**Chairmen: Dr Saberi, Dr Saremi,
Dr Momenzadeh**

	<i>Spine</i>	<i>Tumor</i>
10:45-11:00	How to select patients to minimize complication and improve outcome in lumbar disc surgery Dr Heshmati (Kerman)	Pearls and pitfalls for soft-tissue and bone biopsies Dr Heydarnezhad (Yazd)
11:00-11:15	Complications of spinal fusion in degenerative lumbar spine surgery Dr Haghighat (Shiraz)	Perioperative complications related to chemotherapy and radiotherapy Dr Rezvani (Shiraz)
11:15-11:30	Persistent back pain after lumbar surgery Dr Abrisham (Yazd)	Side effects of radiation therapy in the treatment of bone cancer Dr Razzaghi (Ahvaz)
11:30-11:45	Functional outcome after failure of nonoperative treatment of spine fractures Dr Andalib (Esfahan)	Does a pathological fracture affect the prognosis in patients with osteosarcoma? Dr Zand-Rahimi (Kerman)
11:45-11:50	Questions and Answers	Questions and Answers
11:50-12:05	Post-operative epidural fibrosis: challenges and management Dr Aghaee-Aghdam (Ahvaz)	Complications of oncologic reconstructions using allografts Dr. Gharedaghi (Mashad)
12:05-12:20	Complications of cement injection for osteoporotic vertebral fracture Dr Pourabbas (Shiraz)	Complications of oncologic reconstructions using prostheses Dr. Gharedaghi (Mashad)
12:20-12:35	Iatrogenic major vascular injury: Nightmare of lumbar discectomy Dr Oveisi (Kerman)	The outcome comparison of limb salvage surgery versus amputation for highgrade bone tumors Dr Solouki (Shiraz)
12:35-12:40	Questions and Answers	Questions and Answers
12:40-13:15	Panel: <u>Osteoporotic Vertebral Fracture</u> Dr Etamadifar (Esfahan) Members: Dr Haghighat (Shiraz), Dr Mesbahi (Shiraz), Dr Pourabbas (Shiraz), Dr Pournalimohammadi (Shiraz), Dr Andalib (Esfahan), Dr Panahi (Ahvaz)	Panel: <u>Pathologic fracture</u> Dr Solouki (Shiraz) Members: Dr Gharedaghi (Mashad), Dr Zand-Rahimi (Kerman), Dr Heydarnejad (Yazd)

13:15-14:15 Lunch + Workshop (Club foot)

Thursday

Chairmen: Dr Emami, Dr Mozafarian, Dr Heydarnezhad

	<i>Shoulder</i>
14:15-14:30	Complications after ORIF of proximal humerus fracture Dr Dashetbozorg (Ahvaz)
14:30-14:45	Complications of surgical and non-surgical treatment of the acromioclavicular injuries Dr Sadooni (Ahvaz)
14:45-15:00	Shoulder arthroplasty complications Dr Sadeghifard (Kerman)
15:00-15:15	Rotator cuff surgery risks and complications Dr Momenzadeh (Shiraz)
15:15-15:20	Questions and Answers
15:20-15:35	Complications of Surgical Treatment of Anterior Shoulder instability Dr Ghoreyshian (Yazd)
15:35-15:50	Sub-acromial shoulder injections: indications and complications Dr Emami (Shiraz)
15:50-16:05	Stiff shoulder vs. Frozen shoulder: how to diagnose and how to treat Dr Kowsari (Shiraz)
16:05-16:20	New and old modalities in rehabilitation following post-operative shoulder stiffness Dr Moazenzadeh (Shiraz)
16:20-16:25	Questions and Answers
16:25-17:00	Panel: <u>Complex proximal humerus fractures and fracture-dislocations</u> Dr Momenzadeh (Shiraz) Members: Dr Ghoreyshian (Yazd), Dr Sadeghifard (Kerman), Dr Sadooni (Ahvaz), Dr Dashtebozorg(Ahvaz), Dr Barkam (Kerman)

Friday

Chairmen: Dr Rabiee, Dr Shahriari, Dr Shayesteh-Azar

	<i>Knee</i>
8:00-8:15	Knee stiffness following Tibial plateau and supracondylar femoral fracture fixation Dr Karimi-Mobarakeh (Kerman)
8:15-8:30	Functional outcome after tibial plateau fracture: how important is restoration of articular congruity? Dr Nazem (Esfahan)
8:30-8:45	Risks and complications of arthroscopic knee surgery Dr Sobhan (Yazd)
8:45-8:50	Questions and Answers
8:50-9:05	Long-term complications after total knee arthroplasty Dr Bashti (Shiraz)
9:05-9:20	Uni-compartmental Knee Arthroplasty: Modes of Failure and Conversion to TKA Dr Tavakoli (Shiraz)
9:20-9:35	High tibial osteotomy complications and management Dr Jaberi (Shiraz)
9:35-9:50	Complications associated with surgical treatment of patellar fracture Dr Abedi (Shiraz)
9:50-9:55	Questions and Answers
9:55-10:30	Panel: <u>The painful knee after total knee arthroplasty</u> Dr Tahami (Shiraz) Members: Dr Rabiee (Shiraz), Dr Shayeste-Azar (Mazandaran), Dr Bashti (Shiraz), Dr Hashemi (Shiraz), Dr Ali Akbari(Kerman), Dr Jaberi (Shiraz), Dr Chabok (Shiraz)

10:30-11:00 Break + Workshop (UKA)

Friday

Chairmen: Dr Chabok, Dr Bashti

11:00-12:45	<p>Panel: <u>Ethics and Malpractice</u></p> <p>Dr Namazi (Shiraz), Dr Solouki (Shiraz)</p> <p>Members: Dr. Akkasheh (Tehran), Dr Zanjani (Tabriz), Dr Javdan (Esfahan), Dr Pouramiri (Kerman), Dr Marashinezhad(Ahvaz), Dr Bagheri (Mashad), Dr Emami (Shiraz)</p>
12:45-13:00	Closing ceremony